# Benign Overfitting in Linear Regression

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### Classical Statistical Learning Theory





## Work Covered

This work covers [BLLT20]. Essentially, this paper gives a tight bound for the excess risk of a linear predictor in the overparametrized regime.

They identify nearly exactly a subregime called the "benign overfitting" subregime, where overfitting occurs; yet the excess risk does not suffer too much. We will first describe the motivation, then a setup, and then a description of the regime and how it arises.

# Classical Statistical Learning Theory

- Many of the models we have seen in class have very few parameters in them.
- However, most deep models have a much larger number of parameters, frequently far more than the number of data points.
- In statistical learning theory, we are taught that models which fit every data point exactly cannot possibly generalize.

# Classical Statistical Learning Theory

- Somehow models in the real world both interpolate and have low test loss.
- How is this possible?
- Informally, all the memorization has to go into dimensions that are somewhat inessential for the prediction.

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# Benign Overfitting: Practice

- Many times when we use deep neural networks, we can add lots of noise to the training set, and the models (which are trained using standard cross-entropy losses) will continue to perform well. See, for example, [CWK20, HZZ20].
- This is quite strange it seems that the overfitting doesn't actually hurt the network. This begs the question: maybe the overfitting doesn't matter?
- To make the problem more tractable, we look at the linear regression case.

# Definitions

• Because we consider regimes where *n* < *p*, it is often the case that several estimators will achieve minimum least squared loss. Thus, we define the *min-norm estimator*.

### Definition (Min-Norm Estimator)

Define  $\hat{\theta}$  to be min-norm estimator if and only if it solves the following optimization problem:

$$\min_{ heta \in \mathbb{H}} \lVert heta 
Vert^2$$
  
such that  $\lVert X heta - oldsymbol{y} 
Vert^2 = \min_{eta} \lVert X eta - oldsymbol{y} 
Vert^2$ 

# Some prior work

- Generally speaking, most generalization bounds show that  $\hat{\theta} \approx \theta^*$ .
- However, the notion of approximation is crucial we often don't have  $\left\|\hat{\theta} \theta^*\right\|_2 \to 0!$
- Instead, we look at the excess risk

$$\mathbb{E}_{x,y}[\underbrace{(y - x^{\top}\hat{\theta})^{2}}_{\text{model risk}} - \underbrace{(y - x^{\top}\theta^{*})^{2}}_{\text{optimal risk}}] = (\hat{\theta} - \theta^{*})^{\top}\Sigma(\hat{\theta} - \theta^{*}) = \left\|\hat{\theta} - \theta^{*}\right\|_{\Sigma}^{2}$$

# Thinking about the problem

- One way to think about the problem is that in a linear regression problem,  $\Sigma$  is basically enough to fully specify a data generating process.
- Thus, any insight we can obtain as to why overfitting happens can only come from thinking about the spectrum of Σ, λ<sub>1</sub> ≥ λ<sub>2</sub>,... ≥ λ<sub>d</sub>.
   These *d* numbers uniquely determine the risk of the algorithm!

### A teaser

# Theorem ([BLLT20], Theorem 6) If $\mu_k(\Sigma) = k^{-\alpha} \ln^{-\beta}(k+1)$ , then $\Sigma$ is benign iff $\alpha = 1$ and $\beta > 1$ .

# Our Implementation

We implemented the algorithm described Google's JAX library, which is an extension to the NumPy library. Our code can be found at this GitHub repository.



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#### 3 Benign Overfitting: Theory

# Benign Overfitting: Theory

- How can we decide whether overfitting is a concern in a regression problem?
- Intuitively, there are two constraints to the complexity of the problem we must consider:
  - The scale of the problem should be small compared to the sample size - the eigenvalues must decay relatively quickly
  - The problem must not be dominated by its largest eigenvalues.

# Further Definitions

- Let  $\mu_k(\Sigma)$  denote the k-th largest eigenvalue of  $\Sigma$ .
- To constrain the complexity of the regression problem, we construct the notions of *effective ranks*.

### Definition (Effective Ranks)

If  $\Sigma$  is a covariance matrix, and  $\lambda_i = \mu_i(\Sigma)$  for i = 1, 2, ..., then define:

$$r_k(\Sigma) = \frac{\sum_{i>k} \lambda_i}{\lambda_{k+1}}$$
  $R_k(\Sigma) = \frac{\left(\sum_{i>k} \lambda_i\right)^2}{\sum_{i>k} \lambda_i^2}$ 

• By bounding the excess risk using effective ranks, we will be able to classify  $\Sigma$  as *benign* based on its eigenvalues.

### Theorem (Theorem 4)

Let  $k^* = \min\{k \ge 0 : r_k(\Sigma) \ge bn\}$ . Let  $\delta < 1$  such that  $\log(1/\delta) < n/c$ . Then, there exist constants  $b, c, c_1 > 1$  such that the following holds. If  $k^* \ge n/c_1$ , then  $\mathbb{E}R(\hat{\theta}) \ge \sigma^2/c$ Otherwise,

$$R(\hat{\theta}) \le c \left( \|\theta^*\|^2 \|\Sigma\| \max\left\{ \sqrt{\frac{r_0(\Sigma)}{n}}, \frac{r_0(\Sigma)}{n}, \sqrt{\frac{\log(1/\delta)}{n}} \right\} \right) + c \log(1/\delta) \sigma_y^2 \left( \frac{k^*}{n} + \frac{n}{R_{k^*}(\Sigma)} \right)$$

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$$\begin{split} R(\hat{\theta}) &\leq c \left( \left\| \theta^* \right\|^2 \left\| \Sigma \right\| \max\left\{ \boxed{\sqrt{\frac{r_0(\Sigma)}{n}}, \frac{r_0(\Sigma)}{n}, \sqrt{\frac{\log(1/\delta)}{n}} \right\} \right) \\ &+ c \log(1/\delta) \sigma_y^2 \left( \frac{k^*}{n} + \frac{n}{R_{k^*}(\Sigma)} \right) \end{split}$$

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# Examples of Benign Problems

Definition (Corollary to Theorem 4) A covariance operator  $\Sigma$  is *benign* if

$$\lim_{n \to \infty} \frac{r_0(\Sigma_n)}{n} = \lim_{n \to \infty} \frac{k_n^*}{n} = \lim_{n \to \infty} \frac{n}{R_{k_n^*}(\Sigma_n)} = 0$$

Theorem (Theorem 6)

$$\mu_{k}(\Sigma_{n}) = \begin{cases} \gamma_{k} + \epsilon_{n} & \text{if } k \leq p_{n} \\ 0 & \text{otherwise} \end{cases}$$

and  $\gamma_k = \Theta(\exp(-k/\tau))$ , then  $\Sigma_n$  is benign iff  $p_n = \omega(n)$  and  $ne^{-o(n)} = \epsilon_n p_n = o(n)$ .

# Excess Risk Bound in terms of the Trace

### Theorem (Lemma 7)

$$R(\hat{ heta}) \leq 2{\theta^*}^{ op} B{\theta^*} + c\sigma^2\lograc{1}{\delta}\operatorname{tr}(C)$$

with probability at least  $1 - \delta$ . Additionally,

$$\mathbb{E}_{\varepsilon} R(\hat{\theta}) \geq \theta^{*\top} B \theta^* + \sigma^2 \operatorname{tr}(C)$$

where

$$B = \left(I - X^{\top} \left(XX^{\top}\right)^{-1} X\right) \Sigma \left(I - X^{\top} \left(XX^{\top}\right)^{-1} X\right)$$
$$C = \left(XX^{\top}\right)^{-1} X \Sigma X^{\top} \left(XX^{\top}\right)^{-1}$$

• We can come up with bounds on  $\theta^{*\top}B\theta^{*}$  based on [KL17]

• Thus, the core of this proof is to bound tr(C).

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#### Benign Overfitting

# Proof of Lemma 7

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Using the fact that  $y - x^{\top} \theta^*$  has zero mean:

$$\begin{split} \mathsf{R}(\hat{\theta}) &= \mathbb{E}_{\mathsf{x},\mathsf{y}} \left( \mathsf{y} - \mathsf{x}^{\top} \hat{\theta} \right)^2 - \mathbb{E} \left( \mathsf{y} - \mathsf{x}^{\top} \theta^* \right)^2 \\ &= \mathbb{E}_{\mathsf{x},\mathsf{y}} \left( \mathsf{y} - \mathsf{x}^{\top} \theta^* + \mathsf{x}^{\top} \left( \theta^* - \hat{\theta} \right) \right)^2 - \mathbb{E} \left( \mathsf{y} - \mathsf{x}^{\top} \theta^* \right)^2 \\ &= \mathbb{E}_{\mathsf{x}} \left( \mathsf{x}^{\top} \left( \theta^* - \hat{\theta} \right) \right)^2 \end{split}$$

# Proof of Lemma 7 (cont.)

$$\begin{split} R(\hat{\theta}) &= \mathbb{E}_{x} \left( x^{\top} \left( I - X^{\top} \left( XX^{\top} \right)^{-1} X \right) \theta^{*} - x^{\top} X^{\top} \left( XX^{\top} \right)^{-1} \varepsilon \right)^{2} \\ &\leq 2 \mathbb{E}_{x} \left( x^{\top} \left( I - X^{\top} \left( XX^{\top} \right)^{-1} X \right) \theta^{*} \right)^{2} \\ &+ 2 \mathbb{E}_{x} \left( x^{\top} X^{\top} \left( XX^{\top} \right)^{-1} \varepsilon \right)^{2} \\ &= 2 \theta^{*} B \theta^{*} + 2 \varepsilon^{\top} C \varepsilon \end{split}$$

Lemma 36 from [PG19] finishes the proof by showing

$$\varepsilon^{\top} C \varepsilon \leq \sigma^2 \operatorname{tr}(C)(2t+1) + 2\sigma^2 \sqrt{\operatorname{tr}(C)^2(t^2+t)} \leq (4t+2)\sigma^2 \operatorname{tr}(C)$$

# Trace Decomposition

### Theorem (Lemma 8)

Consider a covariance operator  $\Sigma$  and  $\lambda_n > 0$ . Write its spectral decomposition  $\Sigma = \sum_j \lambda_j v_j v_j^{\top}$ , where the orthonormal  $v_j \in \mathbb{H}$  are the eigenvectors corresponding to the  $\lambda_j$ . For i with  $\lambda_i > 0$ , define  $z_i = Xv_i/\sqrt{\lambda_i}$ . Then,

$$\operatorname{tr}(C) = \sum_{i} \left[ \lambda_{i}^{2} z_{i}^{\top} \left( \sum_{j} \lambda_{j} z_{j} z_{j}^{\top} \right)^{-2} z_{i} \right]$$

Furthermore, if  $\lambda_i > 0$ , letting  $A_{-i} = \sum_{j \neq i} \lambda_j z_j z_j^{\top}$ , we have

$$\lambda_i^2 z_i^\top \left( \sum_j \lambda_j z_j z_j^\top \right)^{-2} z_i = \frac{\lambda_i^2 z_i^\top A_{-i}^{-2} z_i}{(1 + \lambda_i z_i^\top A_{-i}^{-1} z_i)^2}$$

# Key Step

One of the most important steps is an understanding of the eigenvalues of  $A_{-i}$ .

#### Lemma

There is a constant c such that for any  $k \ge 0$  with probability at least  $1 - 2e^{-n/c}$ ,

$$\frac{1}{c}\sum_{j>k}\lambda_j - c\lambda_{k+1}n \le \mu_{k+1}(A_{-i}) \le c\left(\sum_{j>k}\lambda_j + \lambda_{k+1}n\right)$$

and if  $r_k(\Sigma) \ge bn$ ,

$$\frac{1}{c}\lambda_{k+1}r_k(\Sigma) \leq \mu_n(A_{-i}) \leq \mu_{k+1}(A_{-i}) \leq c\lambda_{k+1}r_k(\Sigma).$$

# Upper Bound on the Trace

#### Lemma

There are constants  $b, c \ge 1$  such that if  $0 \le k \le n/c$ ,  $r_k(\Sigma) \ge bn$ , and  $l \le k$  then with probability at least  $1 - 7e^{-n/c}$ ,

$$\operatorname{tr}(C) \le c \left( \frac{l}{n} + n \frac{\sum_{i>l} \lambda_i^2}{(\sum_{i>k} \lambda_i)^2} \right)$$

# Sketch of Upper Bound on Trace

The idea is to write

$$\operatorname{tr}(C) = \sum_{i=1}^{l} \frac{\lambda_i^2 z_i^\top A_{-i}^{-2} z_i}{(1 + \lambda_i z_i^\top A_{-i}^{-1} z_i)^2} + \sum_{i>l} \lambda_i^2 z_i^\top A^{-2} z_i$$

so it suffices to bound each set of terms independently. For the first set of terms, we can obtain that

$$z_i^{ op} A_{-i}^{-2} z_i \leq \mu_n (A_{-i})^{-2} \|z_i\|^2 \leq \frac{c_1^2 \|z\|^2}{(\lambda_{k+1} r_k(\Sigma))^2}$$

and (where  $\Pi_{\mathcal{L}_i}$  is a projection onto the lowest n - k eigenvectors of  $A_{-i}$ ).

$$z_i^\top A_{-i}^{-1} z \ge (\Pi_{\mathcal{L}_i} z)^\top A_{-i}^{-1} (\Pi_{\mathcal{L}_i} z) \ge \mu_{k+1} (A_{-i})^{-1} \, \| (\Pi_{\mathcal{L}_i} z) \|^2 \ge \frac{\|\Pi_{\mathcal{L}_i} z\|^2}{c_1 \lambda_{k+1} r_k(\Sigma)}$$

# Upper Bound on the Trace, contd.

For the second sum we get

$$\sum_{i>l} \lambda_i^2 z_i^\top A^{-2} z_i \leq \sum_{i>l} \mu_n(A_{-i})^{-2} \lambda_i^2 \|z_i\|^2 \leq \frac{c_1^2 \sum_{i>l} \lambda_i^2 \|z_i\|^2}{(\lambda_{k+1} r_k(\Sigma))^2}$$

This can be bounded with standard concentration inequalities.

#### Lemma

Suppose  $\{\lambda_i\}_{i=1}^{\infty}$  is a non-increasing sequence of non-negative numbers such that  $\sum_{i=1}^{\infty} \lambda_i < \infty$ , and  $\{\xi_i\}_{i=1}^{\infty}$  are independent centered  $\sigma$ -subexponential random variables. Then for some universal constant a for any t > 0 with probability at least  $1 - 2e^{-t}$ ,

$$\left|\sum_i \lambda_i \xi_i \right| \leq a\sigma \max\left(t\lambda_1, \sqrt{t\sum_i \lambda_i^2}\right)$$

# Lower Bound on the Trace

#### Lemma

There is a constant c such that for any  $i \ge 1$  with  $\lambda_i > 0$ , and any  $0 \le k \le n/c$ , with probability at least  $1 - 5e^{-n/c}$ ,

$$\frac{\lambda_i^2 z_i^\top A_{-i}^{-2} z_i}{(1+\lambda_i z_i^\top A_{-i}^{-1} z_i)^2} \geq \frac{1}{cn} \left(1 + \frac{\sum_{j>k} \lambda_j + n\lambda_{k+1}}{n\lambda_i}\right)^{-2}$$

## Proof Sketch of Lower Bound on the Trace

- The proof relies on several previous results [Lemma 10, Corollary 13] but we demonstrate the style of proofs used in this paper to establish the main result, as well as the other lemmas presented.
- Lemma 10 establishes that with probability  $1 2e^{-n/c_1}$

$$z_i^{\top} A_{-i}^{-1} z_i \geq \frac{\|\Pi_{\mathcal{L}_i} z_i\|^2}{c_1 \left(\sum_{j>k} \lambda_j + \lambda_{k+1} n\right)}$$

# Proof Sketch of Lower Bound on the Trace (cont.)

• Corollary 13 establishes that with probability at least  $1 - 3e^{-n/c_1}$ 

$$\|\Pi_{\mathcal{L}_i} z_i\|^2 \ge n - a\sigma_x^2(k + t + \sqrt{tn}) \ge n/c_2$$

• Combining the two previous results with a union bound, with probability at least  $1 - 5e^{-n/c_1}$ :

$$z_i^{\top} A_{-i}^{-1} z_i \ge \frac{n}{c_3 \left(\sum_{j>k} \lambda_j + \lambda_{k+1} n\right)}$$
$$\frac{\lambda_i^2 z_i^{\top} A_{-i}^{-2} z_i}{\left(1 + \lambda_i z_i^{\top} A_{-i}^{-1} z_i\right)^2} \ge \left(\frac{c_3 \left(\sum_{j>k} \lambda_j + \lambda_{k+1} n\right)}{\lambda_i n} + 1\right)^{-2} \frac{z_i^{\top} A_{-i}^{-2} z_i}{\left(z_i^{\top} A_{-i}^{-1} z_i\right)^2}$$

# Proof Sketch of Lower Bound on the Trace (cont.)

Using Corollary 13 again and the Cauchy-Schwarz Inequality, we obtain our desired result with proper choice of  $c_4$ :

$$\frac{z_i^{\top} A_{-i}^{-2} z_i}{\left(z_i^{\top} A_{-i}^{-1} z_i\right)^2} \ge \frac{z_i^{\top} A_{-i}^{-2} z_i}{\left\|A_{-i}^{-1} z_i\right\|^2 \left\|z_i\right\|^2} \\ = \frac{1}{\left\|z_i\right\|^2} \ge \frac{1}{n + a\sigma_x^2 (t + \sqrt{nt})} \ge \frac{1}{c_4 n}$$

# Applications and Future Work

- Benign overfitting was first observed in deep neural networks
- Theorem 4 is connected to *neural tangent kernels (NTKs)*, which are regimes where neural networks can be well-approximated by linear functions
- NTKs generally have high dimension and slowly decaying eigenvalues of the covariates, which are required for benign overfitting
- However, it is an open question of whether a version of Theorem 4 can be applied more generally to neural networks

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